



FUNCTIONAL ABILITIES FORM

Dear Health Care Practitioner:

Our employee, _____ has sustained an injury/illness. We respectfully request your assistance in identifying their capabilities/restrictions. Labatt is committed to assisting our employees with a safe and timely return to work using appropriate modified work assignments to facilitate their recovery.

Employee's Signature: By signing below, I am authorizing any health professional who treats me to provide me, my employer and Manulife Insurance (when applicable) with information about my functional abilities, as documented on this Labatt's "Functional Abilities" form.

Signature: _____ Date: _____

Examination Date: _____ Time: _____ ☐ a.m. ☐ p.m.

The employee:

- ☐ Is capable of returning to work with no restrictions.
- ☐ Is capable of returning to work with restrictions as noted below. (Please complete Sections A, B & C)
- ☐ Is physically unable to return to work at this time. (Please complete Section C)

Section A Abilities and/or Restrictions															
1. Please indicate Abilities that apply. Include additional details in Section B															
Walking: ☐ Full Abilities ☐ Up to 100 metres ☐ 100 – 200 metres ☐ Other (please specify)	Standing: ☐ Full Abilities ☐ Up to 15 minutes ☐ 15 – 30 minutes ☐ Other (please specify)	Sitting: ☐ Full Abilities ☐ Up to 30 minutes ☐ 30 minutes to 1 hour ☐ Other (please specify)	Lifting from floor to waist: ☐ Full Abilities ☐ Up to 5 kilograms ☐ 5 – 10 kilograms ☐ Other (please specify)												
Lifting from waist to shoulder: ☐ Full Abilities ☐ Up to 5 kilograms ☐ 5 – 10 kilograms ☐ Other (please specify)	Stair climbing: ☐ Full Abilities ☐ Up to 5 steps ☐ 5 – 10 steps ☐ Other (please specify)	Ladder climbing: ☐ Full Abilities ☐ 1 – 3 steps ☐ 4 – 6 steps ☐ Other (please specify)	Travel to work: <table border="0"><tr><td>Ability to use Public Transit</td><td>Ability to Drive a Vehicle</td></tr><tr><td>☐ Yes</td><td>☐ Yes</td></tr><tr><td>☐ No</td><td>☐ No</td></tr></table>	Ability to use Public Transit	Ability to Drive a Vehicle	☐ Yes	☐ Yes	☐ No	☐ No						
Ability to use Public Transit	Ability to Drive a Vehicle														
☐ Yes	☐ Yes														
☐ No	☐ No														
2. Please indicate Restrictions that apply. Include additional details in Section B															
☐ Bending/Twisting Repetitive Movement of (please specify)	☐ Work at or above shoulder activity:	☐ Limited pushing/pulling with: ☐ Left Arm ☐ Right Arm	☐ Limited use of hand(s): <table border="0"><tr><td>Left</td><td></td><td>Right</td></tr><tr><td>☐</td><td>Gripping</td><td>☐</td></tr><tr><td>☐</td><td>Pinching</td><td>☐</td></tr><tr><td>☐</td><td>: Other (please specify)</td><td>☐</td></tr></table>	Left		Right	☐	Gripping	☐	☐	Pinching	☐	☐	: Other (please specify)	☐
Left		Right													
☐	Gripping	☐													
☐	Pinching	☐													
☐	: Other (please specify)	☐													
☐ Environmental exposure to: (i.e. heat, cold, noise or scents) ☐ Chemical Exposure to:	☐ Operating motorized equipment (i.e. forklift):	☐ Overtime NOT restricted: (may work more than 40 hours/week) ☐ Overtime restricted while on modified work and/or modified hours	☐ Exposure to vibration: ☐ Whole body ☐ Hand/Arm												

Section B Additional Comments on Abilities and/or Restrictions

From the date of this assessment, the above will apply for approximately:

☐ 1 – 2 Days☐ 3 – 7 Days☐ 8 – 14 Days☐ 14 + days

Have you discussed return to work with your patient?

☐ Yes☐ No

Recommendations for work hours and start date:

☐ Regular full-time hours☐ Modified hours☐ Graduated hours**Start Date:**

d d m m y y y y

Section C Date of Next AppointmentRecommended date of next appointment to review **Abilities and/or Restrictions**

d d m m y y y y

Treatment Plan:

Estimated date for return to regular job duties:

Thank you for your assistance in attending to our employee.

Health Care Practitioner's Signature_____
Date:_____
Health Care Practitioner's Name (Please Print)_____
Health Care Practitioner's Address and
Contact Information (Stamp if available)